



Here success is not a matter of chance.....



THE REGENCY PUBLIC SCHOOL

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NEWS LETTER

The Regency Times
I Term 2022 - 2023



FROM THE PRINCIPAL'S DESK....**DEAR PARENTS,**

I am very excited to connect with all of you after two years of Covid. I hope everyone had a wonderful festival with family and friends. I thank all the parents who supported us through the difficult times. These last two years have been very challenging and my teachers rose up to the challenge as best as they could. Now we have returned to some kind of normalcy and we have resumed all classes and activities scheduled for the year. As such we can feel the excitement in students as they go about their daily school routine. I need to add that, when the students came back to school, we encountered learning gaps and behavioural issues in them.



Teachers are continuously working on these issues with the help of the school counselor and are trying their best to get the students back on track.

We had the school cabinet installation in a grand ceremony at the beginning of the year. The national and religious festivals were also celebrated with great fervour and enthusiasm. We now look forward to the interschool Quiz/ Spell competition which is planned for the last week of October. We have the Annual day also lined up for the month of November. We look forward for your cooperation to make these two events a grand success.

Along with teachers and other staff, I assure you that we will work hard to continue the legacy of success by building strong relationships with parents, students and other partners. We will focus on common core values and on character building of the students. I ask God Almighty to fill me with passion and inspiration for the task that lies ahead of me.

I feel fortunate to be a part of students, parents, teachers and admin staff, all of whom are united in a desire to provide the very best environment for each individual child.

Wish you and your family a happy and safe Diwali.

Usha Ravi

Principal

Workshop on Teacher Motivation (18th May, 2022) :

Mr. Vivekananda of ACT conducted a workshop for teachers on Meeting the needs of 21st century learners'. The role of a teacher in today's classroom was analysed and a discussion was held on the professional attitude of a teacher. The workshop helped to improve the skills of the teachers in both teaching and learning.

**Chrysalis Workshop (19th May, 2022) :**

The Chrysalis workshop was conducted by Mr. Sudipto from Chrysalis Organisation. The programme was based on the nurturing of developmental skills in the child, by focusing on different domains like Physical, Social, Emotional and Cognitive skills. The programme involved different facets of thinking in the child like Critical, Social, Creative and Self-reflection in them. Over all, it aimed and helped the teachers to build a personality whereby they in turn look into different perspectives and generate more options for a given situation.

**Interhouse Throwball Match (30th May, 2022) :**

The Interhouse Throwball Match was held in the school ground for grades 9 to 12. The first match was played between a combined team of Amber and Sapphire Boys against Emerald and Ruby Boys. The second match was Amber and Sapphire girls against Emerald and Ruby girls. Both teams were equally strong and the same was displayed in the game. The event was a high voltage experience as there were loud cheers from the spectators and the teams presented a spirited performance with mighty throws, hasty drops and match turning serves. After a tough tussle, Amber and Sapphire Boys and Emerald and Ruby girls were the champions of the tournament.



Interhouse Kho- Kho Match (30th May, 2022):

Kho-Kho has been a favourite for generations and has the advantage of imbuing in the players a unique local flavour. An inter-house Kho-Kho championship was organized in the school for grades 9 to 12. The teams played with the spirit of true sportsmanship. Ruby House (boys and girls) won with flying colours and Emerald (boys) and Amber (girls) were declared the runners up.

Parent Orientation for Grade1 (4th June, 2022) :

The parent orientation by Ms. Rajeshwari Nag was attended by the parents of grade 1. The programme was an eye opener and it gave an insight to the parents on how to mould their kids. It was a very informative programme for both teachers and parents.

Environment Day (5th June, 2022) :

The Environment Day at Regency is an annual feature that is eagerly looked forward to by the students at Regency. This year too was no different.

The message of conservation of the environment was put across through a variety entertainment programme which included a skit, songs and speeches, which was well received by the students.

**YOGA DAY (21st June, 2022) :**

“Yoga is not a work-out it is a work-in, and this is the point of spiritual practice to make us teachable to open up our hearts and focus our awareness so that we can know what we already know and be who we already are.” The nature of Yoga is to shine the light of awareness into the darkest corners of the body. International Yoga Day is celebrated every year on June 21. Yoga involves control of body and mind through mental focus and breathing methods.

The Yoga Day at Regency was celebrated with great enthusiasm. The yoga instructor demonstrated the different asanas (poses) viz Bhujangasana, Sarvangasana, Padmasana to name a few. The celebration was complete with the Principal's motivational speech. Students were encouraged to practice yoga regularly to remain fit and to improve concentration.



Asset Workshop (25th June, 2022) :

An Asset workshop was conducted by Educational Initiatives for the teachers handling Mathematics, English and Science. The resource persons were Ms. Lipi, Ms. Sushma and Mr. Prakhar. Their vision is to create a world where children everywhere are learning with understanding.

School Cinema Workshop (25th June, 2022) :

The workshop was conducted by Ms. Debjani from LXL Ideas. The vision and mission of School Cinema is teaching life skills through the medium of cinema.

Interhouse Skit Competition (29th June, 2022) :

An Interhouse Skit Competition for the high school students was held as a part of the Environment Day celebrations. Skits on different topics related to the environment were put up by the four different houses.

Amber House	:	Chipko Movement (Hindi)
Emerald House	:	Future Environment (English)
Ruby House	:	Ondu Marada Bele (Kannada)
Sapphire House	:	Bhoo Thayi (Kannada)

The first place was won by Sapphire House, followed by Amber House, Emerald House and Ruby House.



The other competitions for Environment Day were :

1. Colouring Competition:

GRADES	FIRST PLACE	SECOND PLACE
I A	Manya Narayan	Anarghya.N
I B	Kenishka.P	Kunal.B
I C	Shreyas Nandan	Vivaan D. Shimpi
I D	Saanvi Naveen	Sudheeksha.R
II A	Vaidurga.S	Gayatri Babu
II B	Aarush Sheetal Kooge	Khushi.P
II C	Pranallika Uday Kumar	Charmi.T

2. Best Out Of Waste:

GRADES	FIRST PLACE	SECOND PLACE
III A	Sudhanva.A.Peroor	Brinda.V.Hegde
III B	Nishkal .P	Sanjith Patil
III C	Jagadeesh.I	Sanchita.A
IV A	Srushti.K.G	Krishna Karthik.P
IV B	Taman.B	Chelsiya Grace
IV C	Yashmita.A	Pranav.G
V A	Shravya.K.G	Priyanka
V B	Manyatha.A	Nandini.A.Bachina
V C	Manvik.P.Byadagi	Sahana.S

3. Collage:

GRADES	FIRST PLACE	SECOND PLACE
VI A	Kadhir.G	Agrima Mitra
VI B	Hemish Naidu	Shravya.R
VI C	Durga.K.Dhanesh	Adithi.S
VII A	Gagan.C	Buvi.S.Hegade
VII B	Jiya.K.S	Makiya
VII C	Shashank Gowda	Aryan.G.Nair



Bookmark Making for Grade 11 :

Alfiya Suhana (11 A) - First place

Shree Lakshmi.K (11 A)- Second place

Deekshitha.S (11 B) - Third place

Making a Book Cover for Grade 12 :

Sadiya Khanum (12 B) - First place

Jennifer.S (12 A) - Second place

Mohammed Rehan (12 A)- Third place

Interhouse Throwball Match (2nd July, 2022) :

'Champions keep playing until they get it right.'

Keeping in mind the importance of sports in a student's life and their overall personality, The Regency School organised an Inter House Throwball Match for grades 6 to 8.

Students from each house enthusiastically participated and showcased their talent and skills. The first and the second position was bagged by Amber and Sapphire house respectively for the boys' team while in the girls' team, Ruby and Emerald house grabbed the first and the second positions respectively.

Parent Orientation (Kindergarten) (2nd July, 2022) :

Our invited guest speakers were Ms. Jayanthi S & Ms. Kanaka Sindhu. Ms. Jayanthi S is a child counsellor and coordinator at Gurukul. She teaches and guides children with learning difficulties and helps children with special needs. Ms. Kanaka Sindhu Nataraj is a child counsellor and life skill trainer at Banjara. This orientation was specifically aimed at dealing with separation anxiety /tantrum after two years of pandemic. This programme helped to enhance understanding on child behaviour and how to deal with it.



Workshop on Artificial Intelligence (11th July, 2022) :

A lecture was delivered by Dr Vinay Kumar on 'Artificial intelligence and the Contemporary World' followed by an interactive discussion. The lecture gave a general introduction about the world and applications of AI. Students enjoyed the lecture and got a lot of information about the career options that they can choose from. Dr. Vinay Kumar is an Associate Professor at Thapar Institute of Engineering and Technology, Patiala, Punjab.

Workshop by Dr.Vinita Verma (17th July, 2022) :

A session was conducted on "Let's Talk About Puberty" by the school Counsellor, Dr. Vinita Verma, for the boys of grade 7. Puberty is the time in life when the body begins to develop and change. During puberty, the body grows faster than any other time in our life. It's good to know about the changes that come along with puberty, and it's really important to remember that everybody goes through it. No matter where one

lives, whether one is a boy or a girl, one will experience the changes that happen during puberty.

The topic was explained in a scientific manner, enumerating the physical, social and hormonal changes that take place during puberty and how it affects the individual. Young people change a lot during puberty and often have a lot of questions about what is happening. Sometimes the changes are confusing and they may wonder if the changes that are taking place in the body are normal. The session was interactive and concluded with a writing activity 'Changes I observe in myself'.

Felicitation of School Toppers (30th July, 2022):

In order to acknowledge and honour the students for their outstanding academic performance, the school hosts a felicitation ceremony every year in which toppers from grades 10 and 12 are honoured with awards.

The felicitation ceremony for toppers aims to bring sense of recognition and motivation. It gives joy and pride to the students, parents, teachers and overall, to the school.

The function began with a small prayer and lighting of the lamp. The occasion was graced by Ms. Srilatha Srivatsa, the guest of honour of the function.

The school toppers and subject toppers were felicitated with cash prizes and a memento. This year the awardees were from 2019-20, 20-21 and 21-22 batches from grades 10 and 12 of State Board and ICSE Board.

BOARD EXAM TOPPERS

Sl. No.	YEAR	ICSE	%	STATE	%
1	2019-20	LOKESH H M	98	AKSHAY D	98
2	2020-21	ANKITA A	97	RENU N	97
3	2019-20	AMEET V SAVANUR	97.4	VAISHNAVI HEGDE	99
4		KEERTHANA K	97.4		



The subject toppers for grade 10 ICSE are:

1. Ameet Savanur: English (98%), Chemistry (100%), Biology (100%) and Electives (99%).
2. Keerthana.K: II Language (99%), Geography (98%), Mathematics (100%), Chemistry (100%) and Biology (100%).
3. Archana Shastry: HCG (99%) and Chemistry (100%).
4. Aditya.S.Nayak: HCG (99%)
5. Aditi.S.Kottur: Mathematics (100%)
6. Suchith Reddy: Physics (100%)
7. Aditya.P.Kotur: Chemistry (100%)
8. Suhruth G.Bhat: Electives (100%)
9. Prithvi.R.Koneri: Electives (99%)



The subject toppers for grade 10 STATE are:

1. Vaishnavi Hegde: English (125/125), Mathematics (100%) and Social Studies (100%).
2. Chandana.G: III Language (100%) and Social Studies (100%).
3. Jeevitha.T.N: II Language (100%)
4. Likitha.D.Bangre: II Language (100%)
5. Narmadha.V.Reddy: II Language (100%)
6. Subramanya.N: II Language (100%)
7. Mohan.S: II Language (100%)
8. Srikar.G : G.Science (100%)
9. Manogna.S.Rao: Social Studies (100%)



LIBRARY WEEK: (1st to 4th AUGUST, 2022) :

The Library Week (Grade 1 to 7) was inaugurated with great fanfare in a special assembly. The quiz conducted in English, Kannada and Hindi received an enthusiastic response. The theme for the Library Week was Mystery and Adventure which involved many activities like story walk, word building, memory game, bookmark making and attractive folders too. All these activities kindled the spark of reading in the students.



STORY TELLING (2nd August, 2022):

Stories always give wings to our imagination and take us to places beyond the boundaries of the physical world. Stories play a vital role in the growth and development of children. A step was taken forward by our school towards achieving this goal. On August 2nd, a story teller by name Ms. Arthi Katpalya was among us to narrate a story through puppets. The tiny tots were totally mesmerised by the puppet show and enjoyed themselves thoroughly.

**Inter house Quiz Competition: (3rd August, 2022):**

“Unlocking knowledge at the speed of thought” was what our students did at the inter house quiz competition conducted by our Principal, Ms. Usha Ravi.

There were several rounds covering simple questions on nursery rhymes and fairy tales. Students also had rounds where they had to connect the pictures and come up with a proverb or an idiom. Further rounds had questions on current affairs and finally the rapid fire round was the one that decided the winner of this competition.

Sapphire house came, quizzed and conquered the first place followed by Ruby house in the second place and Emerald finding a third place.

**Asset Examination (August 2022):**

The Asset Examination for grades 3 to 10 in Mathematics, Science and English, was held on August 10, 11 and 12.

Detailed Assessment (DA) (August 2022):

DA for grades 3 to 7 in Mathematics, Science and English was held in the month of August, as a part of the Second Unit Test.

INDEPENDENCE DAY (KG to grade 3)(12th August, 2022):

The 76th Independence day was celebrated on August 12th with great zeal and joy by the students of Kindergarten to grade 3. The program began with a patriotic song followed by a scintillating dance performance by kindergarten which filled one and all with patriotic fervour. The other programmes too were a feast for the eyes. The Pre Nursery children dressed up as freedom fighters was the highlight of the day's programme.



INDEPENDENCE DAY(Grades 4 -12) (15th August, 2022):

The Independence Day celebration, themed 'AZADI KA AMRIT MAHOTSAV', was celebrated with great patriotic fervour and enthusiasm by all. The tableau by grade 10, depicting KARGIL WAR and the life of Indian soldiers was captivating and heart-rending. The campus was beautifully decorated and every corner vibrated with patriotism. The students exhibited their love for the country through their performances.



Sri Krishna Janmashatami Celebration (17th August 2022):

Krishna Janmashtami was celebrated with great devotion and joy by young and old alike. A melodious song in praise of Lord Krishna by students of grades 2 and 3 marked the beginning of the celebrations. Few shlokas from Bhagawad Gita were impeccably rendered by students of grades 1 and 2. A scintillating dance drama was enacted by Pre-nursery, Kindergarten, Grade 1 & 2 students – depicting the birth of Lord Krishna, his childhood in Vrindavan and the downfall of the cruel king Kamsa. The depiction of Dashavatar of Lord Vishnu marked the culmination of the beautiful program.





Economics Field Trip (29th August 2022):

As a part of the 'Factors of Production' in Economics, the students of grades 9 and 10 were taken on a field trip to Microtek Grinding Machines, a manufacturing unit in Peenya Industrial Area. The students learnt about small scale industry, the investment required, the combination of different factors of production like Land, Labour and Capital that are put together by the entrepreneur in business. The students saw the process of manufacturing of machinery practically and also learnt about the day-to-day labour problems faced by the entrepreneur. Students also discussed the various means of transportation of the huge machinery with the entrepreneur.



CLUSTER LEVEL COMPETITIONS (August, 2022) :

Competitions were held in chess, athletics, throwball, basketball, kho-kho and yoga on different days in which both boys and girls of grades 8, 9 and 10 State participated. Regency is proud of the fact that both boys and girls won the first place in the yoga competition which was held in our school. We have also won the first place in the throwball match. The basketball and athletics teams have directly qualified for the Taluk Level.



TEACHERS' DAY (3rd September, 2022) :

On 3rd September 2022, with loads of love, our children welcomed us with customised sashes to mark the TEACHERS' DAY celebration. Children immersed us in their love with their thoughtful gesture and well-crafted programmes. It started with a parade lead by the Secretary, Principal, co-ordinators and teachers. Each and every arrangement made us feel very special and overwhelmed. The students won our hearts with their energetic and invigorating performances.

Onam Celebration (7th September, 2022) :

Onam, the harvest festival of Kerala, was celebrated with great zeal. Pookkalam, lighted lamp, a melodious song by the tiny tots marked the inception of Onam celebrations followed by a resonating song by the high school students. An entertaining performance by middle school boys showcasing Kalaripayattu, Payippad boat race and a graceful dance by girls made the environment more jubilant. The pinnacle of the program was honouring King Mahabali – the most righteous king ever, with a Mohiniattam dance tribute.



COLOURS DAY :

To have knowledge of the names and looks of colours are basic necessities in learning how to view the world around oneself. In this aspect, our kindergarten wing picks up a new colour every month and focuses completely on that through the food, dress and activities.



Assembly Programme-2022-23 :

“EVERY DAY MUST BE THE DAY TO LEARN SOMETHING NEW.”

School memories are the best memories one can ever have. The day is incomplete without a morning assembly. It is the first thing to do before the class starts. It is a time when the entire school gathers at one place, and we get a chance to meet our friends from different classes.

Everybody has got their own hidden talent. But just having hidden talent is not enough, it should be expressed too. Children from classes 7 to 10 have given their best in presenting the Special Assembly Programme.

Class 10 A, titled their theme as "Positive Thinking". They presented the programme with a skit, dance, a song and a thought. Beatboxing was a highlight of their programme.

'Where words fail, music speaks', Class 10 B, gave a musical presentation on the theme 'HUMANITY'. It was a heart touching one.

If you believe in yourself anything is possible. With this theme, the children of Class 9 B taught the entire school the effects of believing in oneself.

The students of Class 9 C had put a great show by telling us that 'Time Management is Life Management'. With their theme Time Management, they highlighted the fact that with proper management of time, people will be successful in life.

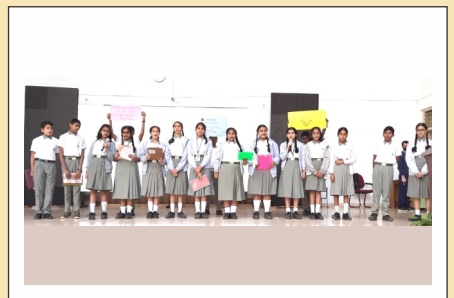
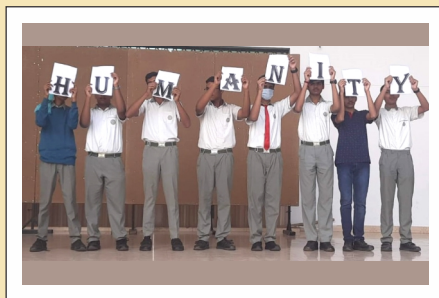
'Evolution of learning' by 9 A: The talented children took us to the past learning system, showed us our present and then what our future learning would be. In the past it was classroom learning, presently e-learning and the future would be mobile/social learning.

8 A students selected Teamwork as their theme. It was a colourful presentation to show that teamwork is one of the best ways to increase productivity in students.

Working hard prepares kids for higher levels of education. Students of 8 B selected the topic 'Hard work' They helped their schoolmates to understand that, hard work helps children develop lasting habits, it helps them find their passion and establish themselves as individuals with a beautiful song and a skit.

8 C-Unity is Strength- It emphasizes that power rests in unity alone. The theme enacted by the students was 'If we are together, we can deal with any difficulty.'

Nothing is Impossible- Who said nothing is impossible in this world? The word itself says, 'I'm possible'! A beautiful song apt for the theme was sung by the students of class 7 A.



Help Your Child to Become Resilient : (By School Counsellor – Dr. Vinita Verma)

Help Your Child to Become Resilient The world is a beautiful place yet so frightening. And if you're a parent, you already know what I mean. Becoming a parent makes us know fears we never knew existed. When a child is born, he's surrounded by love and care, and support. And as they grow and new chapters of life unfold, they begin to realize that they're not the centre of the universe they once believed. Life's not easy and fair. There are challenges to be dealt with at every stage. I still remember my daughter's first day at school. She was happy and excited. But once we reached to drop her at school, her face fell seeing other children cry. And I noticed that excitement on her face was replaced by apprehension.

Her eyes brimmed with tears. Seeing my child like that, I felt a knot in my throat too. But deep inside I knew this was the beginning of her journey out of her cocoon. Removing the hurdles from her path was not my job. Change and growth are inevitable and essential. The best I could do as a parent was to equip her with the skills that would help her to cope. Resilience means the capability to cope and feel competent. Resilient children are those who have the ability to solve problems and make decisions. Here are some guide points for parents to help their child in fostering resilience:

Be a child with your child: The most important thing that generally as a parent we miss is to become a child again with our child. Put yourselves in their shoes and see the world from their eyes. Never say you are not understanding me but try to understand them. Enjoy each and every moment of life because time never comes back. Accept their childish things. Make them feel that you are always with them.

Build confidence: confidence increases the hope and helps the child to face challenges. Each child is unique and has his own strength and weaknesses. As a parent, always try to understand it. Always love your children in a way they feel strengthened. Never point out their weaknesses, only tell them the way how to overcome their weaknesses and use their strengths to the maximum.

Make them social: society plays a very important role in building resilience in children. Always have a careful watch on the company they are surrounded by. They should always feel protected in the surrounded society and should have confidence in the people who are with them. As a parent always give them enough opportunities to develop problemsolving approach as for example, tell them some stories and ask them what they will do in that particular situation, make them understand the situation, and try different possible solutions to solve the problem so that they can be competent enough to face real-life situations and bounce back from the adverse conditions.

Mistakes are accepted: Never point out the mistakes your child makes. Only make him realise that he has done wrong, but mistakes are accepted and every mistake teaches us a lesson. Learn from the mistake. No one is perfect here. Everyone learns from their own experiences.

Communication: Communication is a way of passing thoughts; it can be verbal or non-verbal. It is very important to communicate actively with your child. Listen to him very carefully, not just pretend that you are listening. Children observe and know whether you are listening or not. If you do not listen to them carefully, after 2-3 times, they will not do anything with you as they know that you are not paying them any attention.

Strong bonding: Develop a strong positive bonding with your child. Make him feel that you are always there for him. Be consistent but not rigid. Make them feel protected and secure. Develop a positive outlook in them.

Role models: Always tell motivational and inspirational stories of great leaders, sportsmen, writers, etc. Tell them if they had stopped trying after facing failure, they would not have reached that great level. If possible, put some pictures of great personalities in your house because it will never allow them to forget the difficulties and survival of those people.

Be a role model: Last but not the least, children will not listen to what you say but they observe what you do. So be careful they are always watching you. Be a role model for your child. Do what you want your child to do.



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LIBRARY WEEK
2022-23

